

Guide to Adding Contacts to Social Networks



1. In the top menu, tap your **profile** icon, then tap **Settings and privacy**.
2. Tap **Privacy and safety**.
3. Under **Discoverability and contacts**, tap **Discoverability and contacts**.
4. Tap **Sync address book contacts**. When you sync your contacts, contacts from your device's address book will be uploaded to Twitter on an ongoing basis.
5. The accounts of contacts from your address book who are already on Twitter will be shown.

facebook

1. From the **Facebook** for iPhone or Android app, tap the three vertical lines in the lower right.
2. Tap **Friends**.
3. Tap **Contacts**, then tap **Get Started**.



To import your mobile address book:

1. Tap the **My Network** tab in the navigation bar.
2. Tap *Add contacts* in the top right.
3. A pop-up window will appear asking for the permission to find people to connect with from your phone. Tap *Yes*.
4. In the next pop-up window asking for permission to access your contacts, tap *OK*.
5. From here you'll have the option to [send invitations from your mobile address book](#).